



HOW TO NAVIGATE POLITICS IN THE WORKPLACE

– By Catherine Adenle –

1

Build strong relationships

Networking within your workplace is powerful. Connect genuinely with colleagues, supervisors, and other departments. A wide network creates allies and sources of support.

2

Stay professional and neutral

Avoid gossip and negative talk. Keep communication respectful and focused on facts. Being neutral and objective can help you avoid becoming entangled in conflicts.

3

Understand the power dynamics

Observe how decisions are made and who holds informal influence. Knowing the key players and their interests allows you to align your actions accordingly.

4

Communicate effectively

Tailor your communication to your audience. Listen actively, acknowledge others' viewpoints, and present your ideas clearly and confidently.

5

Be transparent and honest

Trust is a critical currency in office politics. Be truthful, and if you commit to tasks, deliver on time.

6

Stay focused on your goals

Keep your career objectives and work priorities at the forefront. Avoid distractions from political drama or petty rivalries.

7

Seek mentors and allies

Mentors provide guidance on unwritten workplace rules and politics. Allies share information and back you up when needed.